NIAGARA NEWS

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NIAGARA COLLEGE
of Applied Arts and Technology
WELLAND CAMPUS
LEARNING
RESOURCE CENTRE

Four run for SAC presidency

Ten candidates are vying for positions on the 1988-89 Student Administrative Council and three positions have been filled by acclamation. Voting is Feb. 29.

Four students are running for SAC president:

Pat Ciantar, human relations;

Randy Conlon, journalism;

Mike Ferreri, Business: sales and merchandising;

Brooke Jacobs, radio and television-broadcasting.

Randy's application was originally turned down by the chief returning officer, because he is graduating from his program this year. However, it was reconsidered because Randy is returning for the RTV program in September. This did, however, force him to begin his campaign two days late because it was not decided he could run until that time.

A.J. Junop, an RTV student, and**Brandy Milne,** a business student, are battling for the position of executive vice-president. Candidates for vice-president of external affairs are **David Leach,** an RTV student, and **Peter Ruggiero,** a business student.

The position of vice president of athletics will be filled by either **Julie Boone,** a computer programming student, or **Karen Kehoe,** an RTV student.

Those elected by acclamation are: vice-president of finance, **Chris Naughton,** a computer technology student; vice-president of internal affairs, **Margaret Birney,** a business student, and social convener, **Felix Lostracco,** a marketing management student.

Speeches in the Hamilton Room during the double lunch on Feb. 25 and at the satellite campuses on Feb. 26 end two weeks of campaigning.

For candidates' pictures and biographies, see pages 6 and 7.

Speakers on alcohol to benefit students

Alcohol Awareness Week has been scheduled by Niagara's Student Administrative Council for next week Feb. 22 to 26. They want students to be aware of the hazards of drunk driving and alcohol addictions.

On Tuesday, a Niagara Regional police officer will speak in the Hamilton Room at 12. He will show a movie, Highways of Agony, to be followed by a discussion.

A breathalyser test will be administered to three people. Each will drink a different amount of alcohol to show its effects on different people, and how little it takes to be legally impaired. Darryl Nadeau, SAC president, and Joe Caverson and Julie Boone, student representatives, volunteered for the demonstration.

On Thursday, representatives from Alcoholics Anonymous and Niagara Region Addiction research Foundation will speak in the Hamilton Room at 12.

A milk chug will take place in the main cafeteria Thursday afternoon. Prizes are tickets to a pub of the winner's choice.

Sac ponders changes to pay, election

The Student Administrative Council is considering changes in its constitution on honorariums, conflict of interest and the election date.

At the SAC meeting Monday, a subcommittee was appointed to discuss these topics and possible amendments before taking them to the Board of Directors at a meeting next month for approval. The subcommittee is made up of Barb Morrison, vice president of external affairs; Steve McCarthy, social convener; Elaine Wilson, school rep and Glen Futurs, vice president, who was elected chairman.

The Board of Directors is made up of the SAC members: Gary LaRose, executive director of administration services; Dr. Nora McCardell, executive director of educational and student services; Sandy Fox, budget officer, and Bette Ferguson, director of student services.

The board must approve all changes to the constitution before it can be amended, Elaine said. This year's SAC has passed motions on conflict of interest guidelines and has changed the date of this year's election by a month, but in order for it to apply to other SACs, it must be amended in the constitution.

A quiet time with family

A relaxing nature experience is a nice way to spend some family time. Here a family enjoys the quiet scenery while strolling along the trails of Welland's Merritt Island.

Photo by Brian McLaughlin

恭賀新禧

(Respectfully bless new happiness)

By MARGARET BARTLETT
Staff Writer

Happy Chinese New Year; 'tis the year of the dragon. The dragon is an ancient imperial sign that signifies a powerful and benevolent upcoming year. This year Chinese New Year — Hs' in Nien as they call it — began on Feb. 17 with the first new moon when the sun enters Aquarius.

In China the dragon is a symbol of nobility, and Gordon Chen, teacher in the chemical, computer, electrical, electronics division, said. It is not evil like dragons in western society. "Maybe dragon is s misnomer."

The holiday used to celebrated for one month. But it is no longer a legal holiday and the Chinese calendar is no longer used. However, everybody in China celebrates for three days, Dr. Chen said.

It is interesting that it is still celebrated in China, Taiwan, Singapore, Hong Kong and anywhere that there is a large enough Chinese population. The holiday is comparable to western Christmas celebrations.

Families get together for a banquet that takes up to a week to prepare. Dr. Chen celebrated by preparing a meal for four Chinese teachers who are visiting the college from Changsha University.

"Traditions are getting more and more diluted because of the industrialization of Chinese society," he said.

In olden days there were days of parades with dancing troops, musicians, ribbon dances, the lion dance and dragon dance. Before the celebrations started, offerings were made to the Gods of hearth and wealth and to their ancestors. The parades were organized by the people but today the government organizes the celebrations.

When he was a boy in China, his favorite part of the parade was the fireball display. A man would swing around two balls of fire on a long chain. They would burn brighter and brighter the more they were swung around. "It was quite a show."

There were two months before planting season started for the farmers so there was time to celebrate and enjoy time with family before everybody was too busy.

The Chinese calendar tells when the insects start to bite; when the big and small rains will come and other weather information.

Voting: a privilege, not a right!

SAC serves YOU! Know your candidates

Napkins, streamers and table settings will all speak Niagara as students in the medical records/transcriptionist program prepares for a 20th year reunion of graduates to be held in April. Here from left to right, Cathy Parlatore, Linda Andres, Cathy McDermid, Mireille Van den Brink and Shelly Russel, members of the organizing committee, work on invitations.

Photo by Brian McLaughlin

Medical records students set 20th reunion in April

With the coming of April only 1½ months away, a five-member organizing committee in the medical records/transcriptionist program is completing preparations for a 20th year reunion of graduates of the program.

Cathy Parlatore, Linda Anders, Cathy McDermid, Mireille Van den Brink and Shelly Russel, all second-year records technician students, make up the reunion committee. The reunion is scheduled for April 9 at the Parkway Inn, 327 Ontario St., in St. Catharines. Cocktails will begin at 6 p.m. with dinner at 7 p.m.

They got the idea from Janet Arnott, program co-ordinator, and as Shelly said, "We decided to go with the idea before anyone else thought about it." The last reunion was held in 1978 and was organized by Eleanor Snider, biology instructor in the program.

They have been working on plans for the event since last term. A fundraiser before Christmas which sold chocolate covered almonds raised $1,200, half of which is going to the reunion and the other half to their association's student chapter.

They hope that 200 alumni will attend. Invitations are being printed by the college's reprographics division. Though most invitations are for Ontario, some are being sent as far away as Winnipeg.

It will be a formal dinner at a cost of $30 for the meal. The college's colors, blue and white, will adorn the surroundings. Everything from napkins and streamers to table settings will speak Niagara.

"We are hoping for a good turnout and that it's something people remember for a while," Cathy said.

SAC plans Jays trip

An excursion to the Blue Jays' opening game has been planned by the Student Administrative Council. Tickets will cost $20 and include reserved field seats, the bus trip and a Blue Jays excursion T-shirt. The April 11 game beginning at 1:15 p.m. will be against the New York Yankees.

Kids on the Block puppets show sensitivity to disabled

Members of the West Lincoln Association for Community Living will present Kids on the Block puppets Monday in the Hamilton Room from 11:45 a.m. until 12:45 p.m.

The show was developed so individuals learn the sensitvity and needs ot the disabled, Phil Durrant, social services worker instructor, said.

The show is limited to students from human relations, educational resources and special needs, social services worker and vocational programs.

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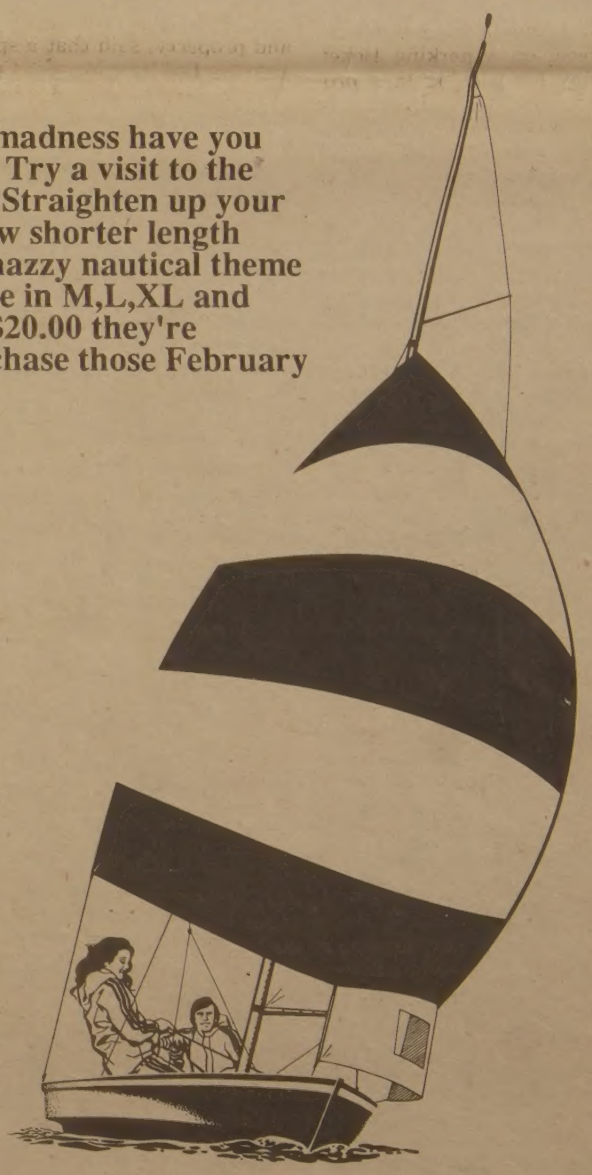

Niagara College Since 1967 Region of Niagara Centre of Applied Arts and Technology

Tecumseh Centre

The Fashion Club is open
Monday through Friday 11 a.m. to 2 p.m.

DL Webster, vice president of internal affairs, presents a "homemade" trophy to the winners of the sno-pitch tournament. The team, led by captain Enio Giancaterino, mentioned something about going to Disneyland.
Photo by Elizabeth Finley

Enio Giancaterino and Joe Caverson struggle their way to victory in the tug of war in last Thursday's SAC Olympics. Enio and Joe led their team, the Rejects, to victory in a 2½ minute battle over the Airheads.
Photo by Randy Conlon

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Parking problem infuriates student

Richard Andres, a business student, received a parking ticket yesterday for parking in a prohibited zone. Richard, who is disabled, tried parking in a disabled parking spot but they had all been filled up by unauthorized vehicles, he said.

"There were no handicapped spaces open, as usual," Richard said. But out of about a dozen spaces, only two vehicles had the official handicapped licence plates.

"I'm not going to pay it," Richard said about the parking ticket. "I want to see everyone else's ticket from yesterday that were ticketed for parking illegally in the handicapped parking zone."

Jack Spittle, director of plant and property, said that a special ticket issued from Niagara College is necessary to park in the handicapped spots outside the Voyageur building. It is to be displayed on the dash of the car. If a driver parks there with a handicapped licence plate, he may still get ticketed.

Jim Piehl, a disabled student who sits on the Special Needs Committee, plans to suggest to the committee that they incorporate a new system to overcome the problem of unauthroized parking in handicapped designated zones. This would entail posting the name of the disabled individual in the parking spot.

Button, button, have you got your button?

The Student Administrative Council will give out blue and white "Vote SAC" buttons during the campaign weeks before the Feb.29 election.

The 1,000 buttons will be available to students in the SAC office and will be sent to the satellite campuses, Marlene Winters, bookkeeper, said.

Be creative at fashion

By GORDON WILSON
Staff Writer

There are more factors involved in producing a fashion show than the models who wear the clothes. "You have to look at how much money you have to spend and what you need it for," Elaine Adamson told fashion arts students.

"You should weigh how much you have to spend against how much you hope to earn by the show." Elaine, who graduated from the fashion arts program in 1981, was giving a seminar Jan. 28.

She began working at the Right House in St.Catharines in the dress department and, since 1983, has been in advertising and has produced fashion shows for the Right House.

In one fashion show she produced, a ramp cost $1,300 and lights were also about $1,300. Other costs involved in producing a show are the number of models needed, a hall to hold it in, and advertising.

A commentator for the show is important, and using a personality as the commentator can help to bring in people and sales. Radio personalities are often used.

Music has a strong impact. "It is the most important part of the show." It's beneficial if the music is good and has a strong beat for the models to walk to.

Instrumental music is best because vocals compete with the commentator's voice. She recommended having a photographer take pictures of the show and put them together in a book to show customers.

Models should appear larger than life on the stage for dramatic effect. "Don't be afraid of theatrics," Elaine said. Theatrics can help bring the audience through the show, especially longer shows. Elaine said to be as "creative as you possibly can."

SAC Olympics

Participants vie for unique prizes

The Student Administrative Council's Winter Olympics ended last week with the presentation of medals to the ping pong winners and beer can trophies to the team sport winners.

The four events held Thursday — ping pong, tug of war, sno pitch and frisbee football — went off without a hitch except that the rope broke during the tug of war. This was quickly remedied as a second one was brought in.

The games began at noon and the ping pong players made their way to the mezzanine above the gym. Five matches and 2½ hours later, Kirk MacDonald, vice president of athletics and referee, awarded the medals. Gold went to Nabil Mabrouk, silver to Steve Lebrasseur and bronze to Les Novak.

Outside, the sno pitch (winter baseball) was the first event to be played. The Beastie Boys made up of Joe Caverson, Kevin Sargeson, Jocelyn Coutere, Enio (Sauce) Giancaterino, and Tom Parente after the second rope was brought in.

The tug of war was won by The Rejects made up of Rich Bennett, Rory MacKenzie, Bill Murrell, Norm Bertholds, Enio (Sauce) Giancaterino, Tom Parente and Joe Caverson after the second rope was brought in.

Frisbee football was won by The Cure made up of Joe Caverson, Enio (Sauce) Giancaterino, Rory MacKenzie, Tom Parente, Jocelyn Couture and Jim Gourlay by 21 to 0.

The winning teams were awarded their trophies made up of a pyramid of empty beer cans by DL Webster, vice president of internal affairs and referee at the outdoor games, in the main cafeteria.

Winners of the SAC Olympic ping pong tournament from left to right: Steve Lebrasseur, silver; Nabil Mabrouk, gold, and Les Novak, bronze.
Photo by Wendy Kudeba

Editorials

Calgary shows patriotism

On Saturday, Feb. 13, millions of people focused their attention on the opening ceremonies of the 15th Olympic Games. Whether watching in Calgary or across the world, people could experience the Canadian identity and culture. Calgary, a place to be proud of.

Square dancing, Indians, chuck wagons, Mounties and Rick Hansen revealed some of our Canadian identity. The ceremonies made Canada a place to be proud of . A time to show patriotism and respect.

Would you say cooking hot dogs over the Olympic Torch's flame on Nakiska alpine ski resort is patriotic?

This is not to say that the Olympics are free of problems.

There are reports that about 200 seats reserved for VIPs are empty at sold-out events, while people wait outside hoping for a chance to get in.

Newspaper reporters and photographers — the print media — are complaining they can not get near the events because televison cameras — the electronic media — are in the way.

Many Canadian viewers complain CTV network has more commentaries than activities.

Yet, the excitement from athletes, coaches and supporters and friendly hellos create warmth and pleasantness on an international level.

The blue skies, white sparkling snow, country music and foreign languages make the province look like a magical country.

Whether taking home a gold, silver or bronze medal — or none — the athletes find another reward within themselves, the chance they had to experience the "Canadian culture."

Barbara Horning

Who's running for SAC?

Feb. 29 is election day at Niagara College, the day students are given the opportunity to choose their Student Administrative Council, a group that will represent them in the following year. The number of students who have neglected to vote in previous years is astonishing, considering the fact that many people love to jump on the "Down with SAC" bandwagon.

It's important to know who the candidates are and what they stand for. Word of mouth doesn't count for much, so find out who's running and go talk to them. Ask them why they are running. Is it because they have some really great ideas for the college, or because they want free booze at the pubs? Don't scoff, some have run for less incentive.

Candidates must have knowledge of the ins and outs of Niagara College. They must be informed and able to provide enough time for the job. Juggling a full course load, an outside job and a position on the council just doesn't work.

No one should run without knowing what is expected of them or what they're up against. It's up to the voters to find out what the candidates know or don't know. The results will probably be surprising.

When it comes time cast a ballot for whoever is considered the best man or woman for the job, remember that those persons elected are going to be working for and representing about 3,300 other people. A heavy responsibility and not one to be laid at the feet of an unworthy candidate.

Get out and find out who plans to represent you at the college for the next school year. Without a vote, there is no room for complaining.**Elizabeth Finley**

Retail people 'strange bunch'

By TORY EDWARDS
Staff Writer

People who work in the retail industry are a "strange bunch," Peter Adams, group stores manager for the Niagara Parks Commission, told Niagara College students.

"These people are dedicated, aggressive, open-minded and must always strive to be one step ahead of the competition," he told a seminar Feb. 4.

Every individual depends on the retailer, from consumers and manufacturers, to advertising agencies and businesses. Mr. Adams quoted a line from the movie, Wall Street, to illustrate his point, "The world turns in green."

Mr. Adams visited the school to speak with students about the retail and tourism businesses as careers. He said that individuals interested in these fields should be "interested, aggressive, and have guts." Both are demanding careers, but the rewards can be well worth the hard work.

Mr. Adams is responsible for Niagara Parks' restaurants and stores and other attractions from Queenston Heights to Fort Erie. He looks after training programs for staff, store displays and renovations, budgeting and generally oversees any changes or problems that arise.

"I am proud to work for the Parks," Mr. Adams said. "There exists a unique family atmosphere which is satisfying. There is a lot more to any job than just money."

TOURISM BIG

As far as tourism in this region, Mr. Adams said that it can only grow. "Niagara Falls is the biggest attraction in the world. It (tourism) is the number two business in Canada, and is growing at a rate of six per cent per year."

Between 10 and 12 million people visit Niagara Falls annually, and the forecast is that in 100 years, 100 million people per year will be coming. "During July and August, the intersection at the top of Clifton Hill at Victoria Avenue is the busiest in the entire world," Mr. Adams said, referring to tourists sightseeing on foot.

Major changes and expansions are in the planning stage for this region. Roadways, waterways and attractions have to be looked at and expanded to compensate for the increasing numbers of tourists.

"Niagara Falls will be a world class resort," Mr. Adams said. It must be to compete with places like Disneyland.

The retail and tourism industries are vital to the strength of the economy, and Mr. Adams said, "As long as the water flows over the Falls, the retail and tourism industries will remain — as powerful and beneficial as ever.

Niagara News

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It takes both rain and sunshine to make a rainbow

Letters

SAC says reporters 'jumped the gun'

Dear Editor:

I think all our Olympic participants will agree with me that reporters Julie and Wendy "jumped the gun" when they wrote their stories in last week's paper.

First of all, there was a torch, and a propane blow torch is a **torch**. What did you expect, the actual Olympic torch that resembles the Calgary Tower?

There was no 10-minute delay. Everything was underway at 12:30 as planned.

There was a contradiction about the sno-pitch game in one story; first it was stated that the game was cancelled, then it was postponed till Thursday.

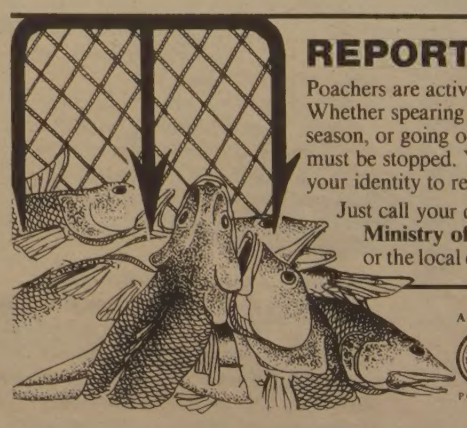
Maybe the Olympic week shouldn't have "been knocked" till it was over. The tug-of-war, sno-pitch, football, and ping pong were all a great success.

Get the facts, writers! The writers suggested that we find out how many students would like to participate in the events. Great idea — BUT we were one step ahead of you. As our posters stated, eager participants were to sign up at the SAC office. We had enough people sign up and that's why we went through with the events!

Then there was the remark about Darryl and me "wandering aimlessly around on their trip (to Edmonton) looking for events." Maybe if the writers had bothered to read the itinerary of our trip or the four-page report that we prepared on it, they would have left that comment out.

Olympic week was an event that was promised to the students; therefore, I took it upon myself to plan the majority of the events. I believe SAC deserves a lot more credit than has been given. So, everyone on SAC who did help me out with this event, give yourselves a pat on the back because WE DID A GREAT JOB!

Barb Morrison
Vice President External Affairs
SAC



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Focus on Hennepin Art Gallery

High school art instructors excel in exhibit

By DONALD WILSACK
Staff Writer

Art teacher Carol Farrar says people do not realize that teachers are also artists. This month's exhibit at the Hennepin Art Gallery gives secondary school instructors from the Niagara South Board of Education a chance to show their abilities to the public.

The 19 works are unlimited in their subjects and materials and offer a wide variety of styles unlike a single artist exhibit. Ms. Farrar said this is a goal for teachers to work towards because they usually have no time to produce.

Ian Kemp teaches at E. L. Crossley and has two paintings in the exhibit. He said he is trying to go back to a more naive style that includes distorting the perspective; Sunday Afternoon is the waterfront at Port Dalhousie.

"I remember it when it was less commercialized; restoration has attracted people," Mr. Kemp said. "It's a little comment on tourism."

From left, Linda Koabel, Tina Summerskill, Hank Lorenz, Carol Farrar, Teri Lymburner and Jim Collacott are six of the 13 Niagara South Board of Education art instructors who have their work on exhibit at the Hennepin Art Gallery until Feb. 27. Photo by Doanld Wilsack

Alive

His other painting, Midnight Cafe, is alive with a vibrant yellow electric sign and window capturing the eye with a deep, dark, blue night and cafe complementing the shades of lighted life.

Tina Summerskill's Egyptian Dolls is a pastel and colored chalk drawing on brown wrapping paper showing two soft, brown and ghostly native girls clutching dolls as the wind blows their dresses and hair. An instructor at Ridgeway-Crystal Beach High, she said this drawing was from a personal experience.

"We were in the Valley of Kings in Egypt and these girls were selling these dolls for $1 apiece," she said. "These men trying to sell their pottery threw stones at the girls to chase them away. The people are very poor in this area."

From Thorold Secondary, Mary Wodwud Wloch's Reaching for Eternity was simply a crooked tree branch set against the sky and clouds. The dark branch with the whitish-grey stratus clouds and pale blue sky background looked remarkably like a photograph with a feeling of depth and vastness.

Octagon

Jim Collacott of Welland Centennial had a pen and ink drawing of a '54 MG on water color paper titled Bearer of the Sacred Octagon. He said he belongs to a car club and owns an MG on which the octagon symbol is found.

From a distance the drawing looks like the shiny, metallic exterior of the car's body but, upon closer inspection, this look is accomplished with a painstaking dotted technique that would surely test one's patience.

Welland High's Hank Lorenz was driving home during a snowstorm and got a "vision in my mind" and painted the watercolor, Snowstorm — Moyer Road. He called it a middle ground painting that left everything else out, such as ditches and fences.

The perfect storm-clouded grey shades of sky are right from the blessed winter and move over an isolated farm with wispy smoke escaping from the chimney; the surrounding area is blanketed by snow which contrasts with the dynamic sky.

Ms. Farrar, who teaches at Welland High and is also co-curator of the gallery, said her Primitive Self Tropical Portrait is two views of herself: one quiet and the other festive.

"You can take art too seriously but it can be fun and lighter," she said. "I wanted something light like a feeling of summer or down south."

Emotive

Two of her other paintings are emotive explosions "in a more serious vein." These could be the result of the mind's reaction to some external catalyst and viewers may find it relative to a period in their lives when words could not express feelings.

Fort Erie's Vince Dunn titled his work Cosmic Transmigration and it is almost beyond description. There are two pieces that must be lined up perfectly for the desired effect.

"I try for the perfect edge," Mr. Dunn said. "It is a real challenge for me; one problem leads to another."

The colors scream out from the sharply defined geometric shapes that intertwine and confuse the eye. Lines from the larger square painting line up with lines in the smaller circular one. This work keeps the eyes and mind working to find a beginning and end, but it is infinite in possibilities.

This exceptional exhibit closes on Feb. 27.

Sun rises for journalism student

By SHARON ANDRES
Staff Writer

It was the big day. The day I was to meet an editor from a major Toronto newspaper. The day I had been waiting for since I learned how to spell journalist at the tender age of four.

Was I nervous? Yes and no. I was confident that the questions I had prepared were intelligent but I was afraid that he would notice the burn hole in my blouse. I hoped I didn't smell.

A friend of a friend, (isn't that always the way?) set the meeting up for me with the executive director of the Toronto Sun because he thought I had my head screwed on right.

I only told him that I want to freelance in Beirut or Nicaragua while the action is hot!

I made the hour-and-a-half drive in 50 minutes and had 2½ hours to spare before Mr. Pyette would see me.

While I was driving I practised how to say his name. Was it pronounced Mr. Pie-ette, Mr. Payette or Mr. Pea-ette? I decided the last one sounded best if mumbled.

I had enough of Patti's Bar and Grill after two hours, so I walked to the Sun building and asked the information clerk where I would find Mr. Piette's office. I was still early so I walked back to her desk.

"Do you have anything like a mini-caf?" I asked.

"Mini-caf?"

I decided to find it on my own.

The cafeteria was on the sixth floor. I decided to take a final look through my portfolio to make sure everything was in order. Damn! I had forgotten to type an opening letter and to bring my resume.

I wasn't there to apply for a job. I was at the Sun to ask the editor what he thought I should do with my life but I still wanted to present the best "me" possible.

Headlines

I read the Sun. Actually I just read the headlines and looked at the pictures. I wanted to be prepared with the latest news.

I stuffed the paper in my briefcase and boarded the elevator. As I got off I collided with a woman who was carrying a stack of papers.

By the time she was reorganized, I was so flustered that I didn't know what floor I was on.

It took a few minutes for my faculties to clear before I realized I was standing in front of the newsroom. It was a very large newsroom with many people milling about.

Several people took their eyes off the computer screens to look at me, the bumbler in the too-big shoes who cocks her head unnaturally in the hopes her hair hides the cigarette burn on her blouse.

Great impression, I thought to myself. I soldiered on.

I was told to take a seat but I was much more interested in a bulletin board which, I'm sure, was absolutely none of my business.

A critique of the previous day's paper warned against using reverse ads because ink ran and it made the reader's fingers dirty. The "punniest" headlines made me chuckle. An editor congratulated someone on a story well done.

Ten minutes later I was following a very petite blonde to Mr. Piette's office. It was consoling to think someone that pretty probably couldn't even compose a sentence, never mind a story.

The editor wasn't an ogre, he didn't breathe fire. In fact, this editor was a nice-looking dude.

I firmly shook his hand and opened my briefcase to get my portfolio (and to show him I had a copy of his paper.)

He must have thought I had a chance in this dog-eat-dog-eat-everything-else world of journalism because, without my even asking for it, he offered me a temporary job for the month of April which would complete my graduate work at Niagara College. Was I excited? I was ecstatic!

"Is that the real reason you're here? To get placement with us?" Mr. Piette asked me.

"No. Mr. Piette, I came here to ask you your opinions on what would be best for my career. Of course the placement is a nice bonus," I said, cool as a cucumber.

Prouder

I walked out of that office a little taller, a little prouder, and with a crink in my neck.

I smiled at my reflection in the elevator. I smiled at the information clerk and I grinned like an idiot at the newsstand man.

I laughed as I plucked the $10 parking ticket out from under my windshield wiper.

I was busting a gut and yelling "I'm a journalist, I'm a journalist" as I was driving the Gardiner Expressway. By the time I reached the Burlington Skyway I had subsided to mere "Yippee's".

Such was my trip to the big city. The city where they say you can get eaten alive.

Big Brothers' bowl-o-rama

Students in the Educational Resources and Special Needs program presented the Welland organization of Big Brothers with a cheque for $764.50 last Thursday as a contribution of the funds they raised for a Big Brothers Bowl for Fun event they took part in Feb. 6.

Jo'Anna Hopkins, a first-year student who organized the college contingent, said 20 students participated in the fundraiser. They heard of the event and wanted to help the local organization, so they picked up pledge sheets and decided to enter. It was the college's first time participating in the event. "Everybody enjoyed themselves," Jo'Anna said. It was a lot of fun."

Scott Brown, a representative of Big Brothers, said, "Hopefully, by this we can generate future interest." There are 35 boys on the local list waiting for big brothers.

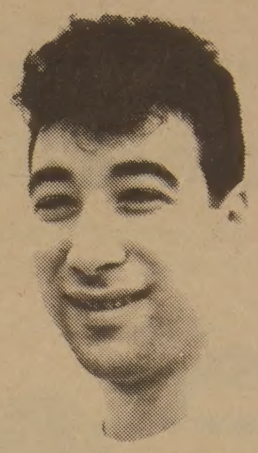
The event was a major fundraiser for the organization. Of the $5,000 raised, $3,500 will be spent on future activities for the boys, Mr. Brown said.

The competition, which was merely for fun, was staged at two local bowling alleys; 27 teams bowled at Bowl-o-rama and eight teams at Eastside Bowling Lanes. The college's eight teams bowled out of the Eastside Lanes, Jo'Anna said.

SAC candidates for 1988-89

RANDY CONLON

MIKE FERRERI



BROOKE JACOBS

A.J. JUNOP

BRANDY MILNE

Four try for SAC presidency

Randy Conlon, a second-year journalism student, feels that giving students a chance is the most important thing he can do if elected student council president.

"My 'Give the students a chance' campaign means that I feel students deserve more input. I don't think it's fair that seven council members decide what is best for some 3,600 students. If I were president, the entire school would be my council," the 20-year-old St. Catharines resident said.

Randy is graduating from the journalism-print program this year and is returning for radio and television in September. He feels this works to his advantage as he knows all "the ins and outs" of the college. He has covered everything from athletics to SAC for the Niagara News.

Another advantage he feels he has is that he will have a lot of time to dedicate to the council. "With my journalism-print diploma, I find that I'll be exempt from many classes in the first year RTV course and I'll be able to donate a lot of time to the students council. I know that the job requires a lot of time."

Randy has a lot of ideas and says a lot of changes need to be made. Working with the satellite campuses is one of them. He would like to work with the Mack Centre, the Horticulture Centre, the Theatre Centre, and the Rainbow Centre. "After all, they are part of the college," he said.

"I'm sure I will do the job as president the best way I know how. I think I have many great ideas, within the realm of possibility, of course. After all, our budget is only so much."

Mike Ferreri wants to see a lot more spirit at the college. This 19-year-old first-year student in Business: sales and merchandising said, "I came from a high school with a lot of spirit and I want to see that at the college." That is why he is running for SAC president.

Mike wants the college to relay a healthy atmosphere and he wants that done by having people talk about Niagara College, have better pubs and a better public image.

"People are concerned with the atmosphere of the college; it can be the best experience of your life and that's what I want to make it."

Mike has one main idea for his campaign, he would like to see a permanent on-campus pub at the college. He thinks it would be great for the technical people to design it, the construction-engineering people to build it, the business students to run it, the hotel and restaurant people to work at it and the interior design people to design it.

"It would be something done by the college for the college," he said. "Why go somewhere else and pay a lot when we can go to our own pub and have a lot more fun too."

Mike who is from Beamsville, also wants more parking and more people to use the suggestion box. He feels whoever is elected should be approachable and have a healthy relationship with the students because "that's what we're here for."

Brooke Jacobs figures that "if you want something done right, you have to do it yourself" and that is why he is running as president of SAC.

This 21-year-old St. Catharines resident is in his second year of the radio and television program. He feels that his experience as a youth group president will help him since he knows the politics and formats an organization is run by.

"I like the school, it has some great aspects and activities," he said. "I think I'm going to do the best job that I can; I'm not here for a power trip but for the good of the school."

Brooke feels he is responsible and willing to listen to students and to not work against the other members of SAC. He has no main platforms since campaign promises are against the rules and he feels platforms and promises go "hand in hand."

"There are problems with SAC and that is pretty plain to see. I looked at SAC the way it is now and I was a little disappointed with the way it is run."

In his free time, Brooke works at HITS FM and is interested in computers and sailing; he is also a volunteer for MacLean-Hunter TV.

SAC election stories and pictures
By JULIE DEBRUIN AND WENDY KUDEBA

Two for exec vp

A.J. Junop, 21 feels there is a lack of communication between the students and SAC and he wants to do something about it by running for SAC vice-president.

This second-year broadcasting student feels he has proper training for an organization like SAC. He now has to handle dealing with the public and handling business decisions much like the ones SAC encounters through his job as the new program director of CRNC — the college radio station.

"I am always here. Sure, I'm busy with the radio but the point is that I'm always here and even if I'm not elected, I plan on making myself a representative to SAC anyway."

A.J. has been at the college for 1½ years and knows all the people on SAC and how they work. He feels that getting rid of on-campus pubs may be one thing that will be helpful for the college. "On-campus pubs are expensive and no one gets anything that way," he explained.

A Welland resident, A.J. is originally "from the North." He would like to see more publicity for SAC next year and he thinks that making SAC sucessful is "trying to get the word across."

Communication between students and teachers must be improved and school spirit needs a boost, said vice-president candidate Brandy Milne.

"Spirit needs to be improved in all phases of activities," this 21-year-old Welland resident said.

"I'd like to get involved in school activities and I have a pretty good background to do things. I want to make SAC the best it can be."

Brandy feels she has a good background in dealing with people since she is studying subjects in both the second and third years of the personnel management program she is in.

She feels her school training has made her a "people-oriented" person and that "when I set my mind to do something, it gets done."

"I just enjoy helping people and I'm prepared and willing to work."

Missing

Pat Ciantar, presidential candidate, and Chris Naughton, vice-president of finance by acclamation were unable to appear in this edition. They will appear next week in a full line-up of SAC candidates.

Don't forget, know your candidates and vote on Feb. 29

Women seek athletics vice-presidency

Her experience on the Student Administrative Council as a school rep has convinced Julie Boone that she wants to be a part of SAC next year as vice-president of athletics.

Julie, 22, a first-year computer programming student, "enjoys being involved wigth people. I'd like to do what the students want."

She feels she knows how things involving SAC are run because of her experience dealing with them this year. She'd like to plan a lot more trips to hockey and baseball games and would like to see a varsity soccer team at the college.

Julie attended a leadership conference with the other SAC members a few weeks ago; she feels she's learned a lot from the experience, and she can use it if she is elected.

JULIE BOONE

"I enjoy sports," she said. Julie is a member of the varsity badminton team and is vice-president of the soccer club. She calls herself a leader and organizer in group activities.

Karen Kehoe wants to see "students become more aware of clubs and varsity sports" within the college.

Karen is a second-year broadcasting student majoring in TV. Her experience includes playing soccer for eight years, and she also enjoys racquetball and hockey. She has decided to run for vice-president of athletics because she feels it would be "an interesting experience."

Although she likes all sports, she is not a member of any sports team at the college.

The 23-year-old Niagara Falls resident worked at an Italian restaurant in the Falls for a few years before college and "tried to figure out what I want I wanted to do with my life."

KAREN KEHOE

She is never run for anything before, but has decided that now she is in college, she'd "like to give it a try."

We're sorry but...

The Niagara News regrets it does not have photographs and stories on all candidates for the 1988 Student Administrative Council elections for this edition. The list of candidates was not made available by Hugo Bessems, student liaison officer, until mid-day on the day before going to press.

The News hopes it will have all pictures and stories for next week's edition which will appear Friday, Feb.25.

Full election results cannot be published by the Niagara News until after the March Study Week because of the poor timing of elections in relation to Niagara News publishing dates. A publishing schedule has been available since April, 1986.

Two run for VP of internal affairs

Dave Leach, 31, running for vice-president of external affairs has been out in the working world for 11 years as a professional musician.

A first-year broadcasting student, he feels that his "maturity" will be of great help to SAC and a "calming voice" in the office. Dave, who lives in St. Catharines, is married and has two children.

"I'd like the experience of being in a leadership position," he said, explaining why he decided to run. "I enjoy working with people."

Dave has no platforms or set ideas for next year's SAC, but feels he is "committed, competent and capable" of doing the job properly.

"I understand that everyone helps everyone do everyone else's job on SAC and that my life has been versatile enough to deal with anything that comes up."

His job before he returned to school involved such things as

DAVE LEACH

dealing with contracts, payrolls and public relations. All of these apply to his job, especially the public relations part, since as external representative, he will have to deal with people outside the college, Dave said.

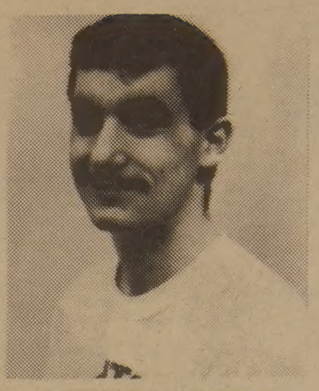
Wanting to do something for the school instead of sitting around and watching others do it was enough incentive for Peter Ruggiero, 19, to run for vice-president of external affairs.

"I was looking at a SAC sign and I wondered what was going on in the school and I want to do something about it," he said.

He wants to bring the satellite campuses in closer to what is going on at the school because, as he understands it, they feel very isolated. He feels the other campuses should be considered equal in everything the school does.

As external representative he wants the school to portray a better reputation within the community and with his business background in the first year business-human relations course, he feels he can do that.

"I want to know what people want and what their problems are



PETER RUGGIERO

and I want to work that out using SAC. I like working with SAC; I want to get more involved and I want to do well."

A resident of St. Catharines, Peter works at Jack Fraser and at King's Court Flowers in his spare time. Skiing is the only other activity he has time to enjoy right now."

Margaret in next year

MARGARET BIRNEY

Margaret Birney, 21, is the new vice-president of internal affairs — winner by acclamation. The main thing she wants to do in her position is improve the school spirit.

"It's definitely lacking; it's there but it's not," she said. "I really want to improve the school spirit."

"I really liked running for Board of Governors and I always wanted to be on SAC anyways," she said of winning.

She would like to ease differences between satellite campuses and the Welland campus. Margaret, who is from Port Colborne, would also like all students to use the suggestion box. She feels that it is always there and that students should use it a lot more.

Felix social convener by acclamation

More student involvement and on-campus activities are what Felix Lostracco, social convener by acclamation, wants for Niagara College in the next school year.

"I have a lot of ideas and I want to get some good spirit going; that's what the school needs," this 23-year-old Welland resident said. Felix is in first-year business, majoring in marketing next year.

"People take the college for granted, but it's the memories from here that they'll take with them," he said.

Felix feels he has good qualifications for the job since he was social convener in high school and booked quite a few pubs at Mohawk College when he attended school there.

Felix is pleased about having the position but is "a bit disappointed" that he wasn't elected out of student reaction to him and his ideas.

In his free time, Felix works at Mother's. He enjoys all kinds of sports, also acts in Toronto and has appeared in feature films, TV commercials and TV programs. At college, he spends some of his time as a peer tutor in first-year accounting and marketing.

He feels that he will, however, always have time for SAC since his acting schedule only takes up a few days at a time. An advantage he feels he has is that he used to own his own DJ business. Booking bigger name bands will interest students more in on-campus pubs, he said. Felix would like to see intramural sports played one night a week with teams from various programs competing against one another.

Entertainment

The art of making pies a challenge for students

By ELIZABETH FINLEY
Staff Writer

The careful construction of props and special effects for the Niagara College Theatre Centre's production of Sweeney Todd involves many intricate details. The props must look authentic and reflect the time period, and the special effects must work correctly. For Sweeney Todd, the challenge begins with the construction of the articles.

"It's figuring out how to make them the right size and real looking," Rick Carvaggio, 19, props crew head for the production, said.

The production requires a barber's chair that flips its victim into a trap door, shaving razors designed to do away with Sweeney Todd's victims and more than 100 meat pies.

The infamous pies are both real and constructed. Those constructed at the Theatre Centre are made of fiberglass and stuffed with foam. They must not only look authentic but also tasty; construction is not yet completed.

"We're still not done, but we're getting there," Rick said. "It's been a learning experience. I'd do it again."

Rick, a second year student, had originally planned to study acting, but enrolled after seeing the work done at the centre. He has a special interest in the special effects for Sweeney Todd.

RICK CARVAGGIO

"I love it," Rick said of the use of phoney blood used in the production. "I love blood and gore."

Rick said there have been no major problems since work began a couple of weeks ago. The crew have been putting in 14-hour days, and Rick attributes the success to a "great crew" and the expertise of Gordon Lawson, props supervisor and part-time photography instructor at the college.

Seeing the production on stage is the greatest reward of all.

"Seeing it on stage is great," Rick said. "After all the work you put into it, it's worth it."

Award-winning actor to play Sweeney Todd

By ELIZABETH FINLEY
Staff Writer

If Larry Smith doesn't make it as an actor, he'll probably quit the profession and take up playing spoons. The theatre arts student can barely sit still while being interviewed about his lead role in the Theatre Centre's production of Sweeney Todd. From transforming a toaster into a funhouse mirror to playing the wooden spoons used during dinner, Larry appears to have an abundance of energy. The kind of energy needed to portray the Demon Barber of Fleet Street.

"It's the first play that I haven't had to cut my hair for," Larry said. "I feel neat that I got the part."

Sweeney Todd which opens Thursday is a traditional melodrama, the kind of play which according to Larry, has a little bit of everything.

"It has got everything — drama, comedy, action, double identities and people who aren't who you think they are, " Larry said. "I think it will be as much fun as going on the Comet at Crystal Beach or going to a scary movie just for the sake of being scared."

Sweeney Todd first surfaced in 1847. Larry said the Theatre Centre's production will consist of an "amazing set," lots of heroes and villians and plenty of special effects, including the traditional blood and gore.

"It has got tasteful blood and gore with just enough to gross you out," he said.

Larry suggests that anyone who needs a haircut or has a craving for meat pies take care of both before seeing Sweeney Todd.

"You think Kraft Dinner is bad? Wait till you see what is in Mrs. Lovett's pies," he said.

LARRY SMITH

"Even starving students wouldn't eat Mrs. Lovett's pies."

An award-winning actor, playwright, and professional comedian, Larry is enrolled in the first-year technical program at the college and he is confident everything will go smoothly.

"It's a technical school, so technically it's going to be a great production," Larry said. "It's a good play, pure and simple. I think it will appeal to everyone."

He hopes Niagara College students will see the show ("Not just because it's a Niagara College play, but because it's a good play"), and says he is sure anyone who attends won't be disappointed.

'It's like how you feel before a big game," he said. "You're sure you and your team can win."

All performances will be at the Empire Street theatre. The production runs from Feb. 24 to 26 and again from March 1 to 3. Evening performances on March 1 and 2 are Niagara College nights.

With the way the weather has been lately, both falls have been sending small icebergs to the river below which is virtually covered by an icebridge. To remind those weary and shivering from the cold, this photograph shows the area free of winter — which will be the case for everyone quite soon.

Photo by Dianne Hart

Coming soon

Thinker will speak Feb. 24

John McKnight, "urban philosopher," renowned for his analysis of controversial social issues will speak in Fort Erie on Feb. 24.

The Evening With John McKnight is sponsored by Fort Erie Community Living at the Bridgewater Country Club on Gilmore Road.

Mr. McKnight, a professor from Northwestern Univeristy, Evanston, Ill., will be introduced by a determined, courageous woman, Judith Snow. A woman born with "unusual and severely limited use" of her limbs, was "labelled disabled." She fought for a chance to live in society normally like other individuals and she won!

Mr. McKnight fills individuals with hope and determination to face everday conflicts.

He believes individuals have the right to understand what is going on around them, and how to improve their situation. His main issues are the rights of physically and mentally disabled people, power and its negative effects, community economic spending, racism, welfare and providing health care.

"He has a deeply felt belief in democracy and in the wisdom of "Everyman," Chris Chandler, a former member of the Commission on Civil Rights, said.

Community Living Fort Erie, formerly known as the Board of the Peace Bridge Area Association for the Mentally Retarded, has as its goal: "That all people live in a state of dignity, share in all elements of living in the community and have the opportunity to participate effectively."

Tickets for the evening are $40 and proceeds will go to Public Education for Community Living in Fort Erie, a member of the Canadian and Ontario Associations for Community Living. A buffet dinner will be held at 6 p.m. with the speech scheduled for 8:15 p.m.

For tickets, call Community Living, Fort Erie, 871-6770, or 382-2662. Charitable donation receipts will be issued.

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Students, students

Unique life travelling the world

By DONALD WILSACK
Staff Writer

Whether it is a drunken spree in Flordia during the March break or a poverty-stricken foot tour through Europe, people dream of travel to escape their universe or find their golden fleece.

For first-year general college student Lynn Balmforth, it has been part of her life to not only travel but live in foreign countries because of her father's occupation.

"My father is a forestry consultant and works for paper mills. Right now he is with the United Nations."

Lynn resides in Welland while she attends Niagara and was born 19 years ago in Dar es Salaam, Tanzania. When she was three, her family came to Canada foi two years before moving to Iran for five, living in a city on the Caspian Sea about a four-hour drive from Tehran.

LYNN BALMFORTH

BEAUTIFUL IRAN

She remembers Iran as a beautiful country and its inhabitants friendly towards foreigners, especially children, but the winds of the 1979 revolution brought the expatriates back to Canada.

"A month before this happened, we moved to a trailer park and they started packing things up; but we never did get our stuff. It's a shame what happened because it was a beautiful country."

After three years in Canada, they went to Miami for five years where she went to high school until Grade 11. For Grade 12, it was Athens, Greece.

"It was another beautiful place and I intend to go back; there is so much to see and do. The history is right at your fingertips; you don't have to read about it."

TO BANGLADESH

Lynn said she has been going to Dacca, Bangladesh, twice a year for the last four where her father is working on a United Nations development program. With all this moving around, it has been good and bad for her.

"When I was younger, it was extremely hard and I had to change schools every time we moved. On into my teens, I realized that people don't have the advantage of travelling."

She said she loves travelling but gets fidgety from staying in one place for an extended period of time. Despite this, she is hoping to continue her education in Canada.

Lynn's sojourn in the Rose City is part of her hopes to go to the University of British Columbia where she would like to study social sciences for four years or perhaps longer, specializing in psychology.

With not knowing where her parents are going to be from one year to the next, she said she is amazed by the different kinds of people and their experiences which has left a lasting impression on her.

"I learned not to be narrow minded and take everything into account," Lynn said. "In my eyes, no one is really better off; we are all equals."

People at college make it special

By ELIZABETH FINLEY
Staff Writer

Wayne Chapman likes people. The first-year general college student has met a variety of people at Niagara College and says this is one of the main things he likes best about the college.

"I like everybody," Wayne said. "That's the biggest part of it. It's the people."

Wayne, 19, was originally enrolled in the journalism-print program, but switched to general college in January.

"I enrolled because I heard that the paper was great, and it was what I wanted to do," he said. "My aspirations have since changed."

Wayne is now studying the basic humanities as well as some business courses ("I'm making up my own program"), and has already made some career plans. He hopes to be employed as a sales representative for Bell Canada after graduation.

A part-time employee for Black's Cameras in St. Catharines, Wayne has done promotional work for the Fairview Mall where he works. He got involved in photography about a year ago and has photographed car shows and fashion shows for the mall.

WAYNE CHAPMAN

"It's more of a hobby," Wayne said. "I can't see myself doing it for a living."

College differs from high school on many levels and Wayne feels that sharing goals and similarities with his friends adds to the college atmosphere. A resident of St. Catharines, he is content to make his college career an opportunity to gain both socially and academically.

"In high school you're just sort of stuck there, but you're here because you want to be," Wayne said. "The people here are more friendly and like one big happy family."

He admits to feeling the anxiety felt by many first-year students upon starting at Niagara, but knew he had no choice but to adapt.

"The first day was scary, and kind of like the first day of high school syndrome," Wayne said. "But you have to adapt, otherwise you'll be lost."

Wayne enjoys working with people more than working on his own and hopes eventually to find work in Toronto. For the time being, however, he is happy to be spending his days at Niagara College.

Education essential for success

By BARBARA HORNING
Staff Writer

Feeling a little nervous, Rick Cosby entered Niagara College determined to upgrade his education after being away from school for 25 years.

The 40-year-old Niagara Falls resident enrolled in the General College program. He had finished Grade 8.

The first two weeks Rick arrived at Niagara he felt awkward and "didn't seem to fit in" because there were not as many mature students here as he had expected, he said.

"I thought it was a lot harder than it is. Most of my courses are common sense courses." He is taking modern history, political science, psychology and sociology.

After Grade 8, Rick's job opportunities led him to North Bay, British Columbia, New York, West Virginia, Virginia, Pennsylvania, North Mexico and Texas.

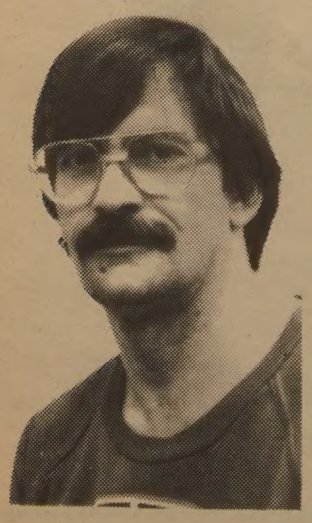
Explaining he did not consider it travelling, Rick said, "I drifted around, following work because you go where you have to go" to survive. He was a carpenter and steel laborer until 1981 when he decided to change his profession.

His love for photography — a hobby — led him to his first job taking pictures for strippers. He knew then he wanted to leave the construction business behind, and enter a new field, but an education was necessity.

"It looks better if you have an education under your belt, rather than just Grade 8." He felt employers would not give him the chance if they knew he only had a Grade 8 education.

Rick plans on staying with photgraphy because "it's kind of late to make another dramatic change in my life at 40." His interests are still-life photography, portraits and weddings.

After years of working, and never worrying about an education, Rick has learned something many people forget. "You have to have an education."



RICK COSBY

NIAGARA COLLEGE BOOKSTORE

Preserve your college memories with a beautiful class ring.

Lackie ring day has been rescheduled due to the recent snow storm that forced cancellation of the previous date.

Representatives from **Lackie** will be in the bookstore **Tuesday, February 23** from **10:30 a.m. to 3:30 p.m.**

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Teacher to experience China through exchange program

By DONALD WILSACK
Staff Writer

With as many differences as miles separating Canada from China, educational exchanges have been a way of bringing the two countries closer together.

Another point is the use of computers to make laborious tasks less tedious. This is where computer programming instructor Debbie Gilmore steps in as she boards a plane March 8 for six or seven weeks in China.

Mrs. Gilmore will be taking part in the ongoing exchange program which has Niagara twinned with Changsha Vocational University in Hunan province.

"I will be working in their computer centre and with faculty," she said. "I will also bring some software to show them how to use it; it should be interesting."

Computer programming teacher Debbie Gilmore keeps her fingers loose in anticipation of her March 8 departure for Changsha Vocational University in China. Photo by Donald Wilsack

LIKE NIAGARA

Mrs. Gilmore said Changsa recently installed a VAX computer like the one at Niagara. She said a lot of schools and industries are using this kind of computer.

"They want to communicate between the VAX and their microcomputers so they can transfer information."

Mrs. Gilmore, who has been teaching at Niagara for five years, feels it will be an adventure and expressed her admiration of Chinese architecture and topography. But she is a little nervous about the change in culture.

"I will have an interpreter, a young girl, so that should solve a lot of problems," she said with a laugh.

Mrs. Gilmore will be staying in a hotel and her visit happens to coincide with the rainy season. She said it is an advantage to be in the interior of the country rather than an international city.

She said her husband may join her for the last week, and they would like to travel to Beijing, China's capital, and the monolithic Great Wall.

"I want to go for the experience," Mrs. Gilmore said. "You have to try different things in your life."

Remember to vote Feb. 29

Thursday
March 3,
5:30 pm to
7:30 pm
in S109.

MODELLING AUDITIONS

Must be avaliable for the show on April 13.

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Awards to chefs at gourmet dinner

Imagine the unique delight of attending a gourmet dinner for some of the best chefs in the Niagara region, a dinner boasting such dishes as: Pate de Foie d'Oie en Sculpture, a molded swan served in a pool of gooseberries and blueberry sauce; Polenta au Mascarpone, Roman cornmeal with White Piedmont Truffles and Pinenuts, a venison dish, and grande finale desert. A dinner at which five different types of wine will be served — one to complement each course.

Tickets are on sale for the eighth annual President's Dinner of the Professional Chefs of Niagara Association. The event will be held at the Victoria Park Restaurant on Monday, April 11.

RECOGNIZES THE BEST

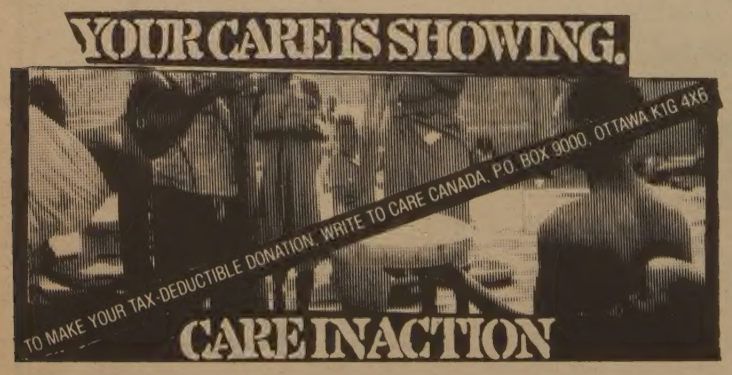
The dinner is put on by the Professional Chefs of Niagara Association and its purpose, as well as serving a fine gourmet meal, is to recognize cooks and chefs in the region who have excelled in their field during 1987.

Awards will be given for the chef of the year and association member of the year. To be nominated, nominees must have been a certified chef — and member of the association; have good relationships with colleagues; have made a contribution to the association and its members, and have done some outstanding work.

President of the association is Stan West, instructor at the Rainbow Centre in Niagara Falls. His role is to delegate members to organize events, such as the dinner, that the association puts on during the year. "I am like the captain at the helm organizing the crew."

Professional chefs from the Pillar and Post, The Skylon, and the Beacon Inn are some who will be at the dinner.

Tickets are $50 each, including wine. For information, contact Stan West in Niagara Falls at 354-1663.



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VOLLEYBALL

Terminators serve up victory

It took three close games of play but the Terminators once again lived up to their infamous name when they won the men's intramural volleyball finals Tuesday Feb. 16 at noon in the gym.

The Terminators won the match with scores of 15-10 and 15-13 in the first and third games of the match. The Legal Eagles, their opponents, stole the middle game with a 15-12 score.

The first game got off to a quick start for the Terminators with a three point lead but it didn't take long for the Legal Eagles who stole the serve and gained four consecutive points to take a 4-3 lead.

The Eagles were allowed to gain only three more points before the Terminators' team captain, Andre Lapointe, made a spectacular effort and earned nine points to take the score to 12-6. The Eagles gained few points and the score came to rest in the Terminators favor at 15-10.

FOUGHT BACK

The second game had the Eagles fighting back but the Terminators dominated the first half of the game and the score rested at 8-2 before the Eagles did anything about it. Kirk MacDonald, Eagles' team captain, ran away with his serving privilege and lifted the score to 10-7.

The play moved slowly with the Terminators hanging on to a three-point lead over the Eagles' nine points. Once more an Eagles player, Dan DiMarco, singlehandedly stole five points and they needed only one point to win. The Terminators made an attempt at some points but the Eagles were too determined at this point and they quickly gained back the serve and their final point to win 15-12.

The deciding match crept along with points gained on either side one at a time. For a considerable time, the score rested at 7-4 in the Eagles' favor. The Terminators, determined to save their name, fought to gain a few points at a time and did not allow the Eagles any points during their serve. The Terminators' Dussan Nikolic and the Eagles' Jeff Crawford constantly tried to push the ball down their rivals' throats with strong spiking but the Terminators eventually came out on top with a 15-13 win and the match victory.

KNIGHTS' HOCKEY

Knights' bad night still earns two points

By ROBERT STROHM
Staff Writer

Things are going well for the Niagara Knights.

Even after a less than memorable performance last Saturday night, the Knights still managed to come out with two points and up their winning string to four games as they prepare to head to Pennsylvania this coming weekend for two contests.

Although the Knights' marginal 7-6 win over the Conestoga Condors was not one of their prettier performances, it did exhibit the team's improvement from the season's beginning.

"If we had played that way earlier in the year, we would have been blown out," Fred Bassi, coach, said. "Now being a much stronger team, we still managed the two points. That shows character."

Mr. Bassi said he realizes the team didn't play well and the players do as well. He just hopes it was a bad game the team got out of their system and they will now get back to basic solid hockey.

BAD NIGHT

"It just happened we had a bad night. We weren't passing or reacting well and that allowed Conestoga some opportunities."

Leftwinger Neal Krulik led the way for the Knights as he scored a hat-trick and added an assist to help the cause. Bruce Horvath, after missing the Penn State game, continued his torrid pace with another two goals and now has 11 points in his last three games. Newcomer James Ward added a single as did captain Pat Flynn.

The Knights, who trailed 2-1 after the first but led 6-4 after the second, were without Dave Crawford who injured himself, and Chris Vandermeer who had a prior commitment. Mr. Bassi does not expect Dave back until playoffs but hopes the acquisition of James Ward will help out.

With the upcoming playoffs being held on Penn State's home turf, the trip for the Knights this weekend could become a determining factor in how the team performs in the playoffs.

"If we play well down there, it will boost our confidence for when we return in March (playoffs)," Mr. Bassi said.

The Knights, as it stands right now, are in third place with six wins and four losses. Penn State is in second and if the pace continues, they may very well face each other in the first game of the playoffs.

Mr. Bassi's main concern is that team play as they can and keep their heads amidst the noisy atmosphere.

If they can, there is no reason the Knights shouldn't come home four points richer.

Sports

ROWING

To row, row, row means to train, train, train

By BRIAN MCLAUGHLIN
Staff Writer

Rowing is a sport that involves all the best things of summer activity. It has sunshine, water and socializing with friends, but it also involves rigorous physical training.

Carrie Savage, 20, a first-year journalism student, rows with the St. Catharines Rowing Club. An attractive blonde with sparkling blue eyes, a comfortable smile, and a soft spoken tone, she looks at rowing as a means of "fun and recreation."

Describing her training, she said, "I started skipping rope. I got this advice from a friend that it improves my training." It helps her achieve balance and rhythm, but she still has to improve on some weaknesses in style.

"Sometimes with technique in the shell I forget to reach...and my hands aren't quick enough. Also, I get too nervous sometimes."

She has already started indoor training with her old high school team to get ready for another

CARRIE SAVAGE

season and the Henley Regatta. Practise and training later in the heat of the summer season will involve an extensive five to six days a week. "Three to four days will involve running. The other two we work with weights and an ergometer (rowing machine)."

Spending an hour on weights each time combined with other training gets her ready for tests to determine which class she will be in, and her position in the shell. According to her coach's system, whoever pulls the highest on the ergometer gets placed at the stern.

About 25 athletes will try out to be placed in one of three divisions. "No matter how good shape you're in, there is always somebody at the Henley that's better." Good oarsmen need endurance and style. Though rowing is enough to keep her in shape, she sometimes goes to Brock University to work out. "A lot of people work out on their own."

Teams will be divided into crews of four and eight. Crews get on the water as early as 6 a.m. to practise. "You usually go out for four trips." Then the crew takes part in a gruelling jog. "In my crew it was three miles each day."

Rowing for Carrie has not been without its embarrassing moments. Once when her crew was involved in a competition at Trent University, they crashed into the crew ahead of them. "It was a 'head' race. We were let off in 20-minute intervals...Our coxswain told them we were going to pass, but we crashed into them. Our oars were in their boat and on their laps. It was sort of embarrassing, but we still won by six seconds."

When it comes to special dieting, she said she doesn't have to worry about it. "I have a sister who rows in lightweight. She has to watch her food...You know you are what you eat," she laughed. "In that case, I'm a Carlsberg light."

Sometimes competition brings her to race in Welland. Racing through the canal provides excellent conditions. "It has good conditions. You don't have to worry about swamping your shell." The current at the Henley course can make it more difficult because of wave actions. But by far her club's biggest rivalry exists with the Toronto Rowing Club. "It's gone on for years!"

Carrie also enjoys playing softball, her team holds the 1987 provincial championship, and ringette, a game like floorhockey, but it is played on ice with hockey equipment and a ring replaces the puck.

She has praise for her former crewmates. Last year she competed in the 20-and-under youth division.

Carrie said that all this training doesn't mean she's looking down the road to any great athletic endeavors. "I do it because I like it."

Members of the St. Catharines Rowing Club carry their shell during the Henley Regatta, an internationally reknowned event. Teams are divided into groups of four and eight for competition.

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FUN

Adults hide child in them behind maturity mask; Spontaneity, immediacy lives in children

By HELEN DOAN
Staff Writer

Fun to Jillian, 5, is swimming, playing her Care Bear game, watching television, and spending time with her baby sister. She said she prefers playing over watching TV because "if you sit down your legs might fall asleep."

Gregory, 5, says snow is fun because "you can make angels and snowman." He likes Santa Claus and Christmas — especially decorating the tree. Unlike Jillian, he prefers to watch TV, especially Sesame Street.

"I most like to play with my piano," Megan, 5, said when asked what she thinks is fun. She likes dogs and cats, and puzzles — especially dog puzzles.

Spanish explorer Ponce de Leon was addicted to finding the "fountain of youth". Perhaps what he was really trying to recapture, was the ability to become "childlike."

Adults tend to confuse what is childlike — spontaneity, immediacy, light-heartedness, playfulness, naturalness — with what is childish — pouting, temper tantrums, Aubry Bissett, Niagara College teaching master in human relations and psychology, said. Psychologists and psychiatrists are now emphasizing the difference between the two, she said.

Quoting from psychologist Conrad Hyers, she said, "Many adults kill their former childishness, but in the process they kill all possibility of a mature child likeness...adolescents imagine that adulthood is achieved by the process of forgetting and destroying one's former identity as a child, but maturity is reached by becoming once again, as an adult, like the child."

Ms. Bissett said that combining fun and humor is one of the best ways of dealing with stress in adulthood, but she said "the pace we live in doesn't allow us to learn the skill of fun. We grow up too fast."

People tend to take life so seriously, Jan Potton, Niagara College teacher of psychology, said. "Parents talk to the teacher when their child brings home a C. Learning isn't fun is the message."

It spills over into sports.

"The message is we've got to win," Mrs. Potton said. She feels that sports are too organized today.

Gord Wade, 45, a Niagara Falls high school teacher, said children today do not play by themselves, or organize themselves. "We need organized sports because the kids won't do it on their own."

Badminton instructor Jim Fairley, 62, may teach an organized sport, but "on the playground is where you'll see a smile on children's faces." He credits the success of the Niagara Falls Badminton Club's junior program to the absence of parental involvement. "How can children have fun when the parents are around?"

Organized sports cost an arm and a leg, Jim Clapp, 28, whose daughter is in ringette, said. "It costs $80 just to sign up."

When he was growing up, he lived on a farm. "I had five brothers. We had a pond. Come winter, we'd shovel off the pond and there was our skating rink."

As children grow to adults, there appears to be a shift away from expressing fun.

Society tends to slot people as to their professions, Mrs. Potton said. "It says, this is how you should act, and that limits your ability to have fun." Fun has to come from within a person first, and usually spontaneous things create the most fun.

She said talking dolls on the market suppress a child's imagination.

"She (the doll) is in charge; she determines what is going to be said. If a child feels he's in charge, then that activity tends to be the thing that is fun because the child has a part in creating his own experiences."

Ms. Bissett believes there is not enough parental involvement with the children — no real listening and hearing what the child is trying to communicate.

"If you aren't listened to and heard, you become too busy trying to fill in the gaps of the basic needs — love, attention, affection, emotional safety and security — to have fun."

As a psychiatric nurse for 17 years, she saw many people who were unable to laugh. "Part of the therapy was to teach adults how to play again."

The dictionary defines fun as "pleasant diversion or amusement, a light-hearted playfulness." Does fun exist in today's society or like Ponce de Leon, is a futile search being undertaken to find the elusive fountain of youth? We seek it here, we seek it there...

Oh, to be young again!

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